



Yavapai-Apache Nation

Exodus Return Run

1875-1900

Exodus Return Run Information

The Exodus Return Run is a 151-mile relay run from San Carlos, AZ to Camp Verde, AZ to commemorate the return of the Yavapai-Apache people from Exodus 1875-1900.

Details of the Exodus Return Run

1. Runners will leave the Yavapai-Apache Nation Administration Building at 2:00 pm on Thursday, February 21, 2019 to travel to San Carlos, AZ. Runners will stay at Apache Gold Casino and will share rooms with other runners.
2. Runners will receive a blessing Friday morning (February 22) before sunrise and the run will begin immediately after.
3. The run will continue non-stop with at least one runner on the road at all times until we reach Camp Verde High School. We will wait for the cue from the staff coordinating the Commemorative Walk in which all runners will run together into the Exodus Return Commemorative Ceremony.
4. Each runner will run 3 or more legs depending on the amount of runners participating. Each leg will be approximately 1 mile long. Then an additional mile all together from Camp Verde High School to the ceremony. Runners should expect to run a total of 6-8 miles total. If needed, runners may be asked to volunteer to run more miles.
5. It is recommended that runners aim with their training to run 10 miles in 2-3 mile increments at a 12 minute per mile pace and be prepared for steep uphill and downhill.
6. The run will be a continuous run, day and night. Runners should be prepared to run in cold weather and at night. The route goes from San Carlos to Globe to Payson to Camp Verde. There are steep uphill and downhill and runners will be running alongside of the highways. There will be minimal or no accommodations at some areas of the run i.e. restrooms, food, areas to sleep.
7. All planning for the Exodus Return Run is based on the number of runners committed to participating. Therefore, we ask that if you sign-up and can no longer participate please contact Taloa Hood as soon as possible.

Thank you for considering in participating in an event that is meaningful and a blessing to the Yavapai-Apache Nation.

For any questions about the Exodus Return Run, please contact Taloa Hood at taloa.hood@gmail.com.