

2019 American Indian Summer Youth Diabetes Wellness Camp—Ages 10-15 YAN will sponsor 10 participants.

**JUNE 16 - JUNE 21, 2019 AT CAMP
WAMATOCHICK CAMPGROUND IN PRESCOTT, AZ**

Is Camp for YOU?

- Are you interested in learning more about health and nutrition?
- Does anyone in your family have diabetes?
- Do you like to play games and be outside?
- Do you want to make friends with peers from other tribes?

If you said yes to any of these, then camp may be for you!

REQUIREMENTS:

- ⇒ **Be able to be away from home and family for a week**
- ⇒ **Listen to and obey instructions**
- ⇒ **Outgoing and willing to participate in *all* activities**
- ⇒ **No cell phones allowed**
- ⇒ **Able to go to bed early and get up early**

HOW TO APPLY:

- Let tribal camp representative know of interest (Robin Hazelwood)
- **Complete application form** (available at Yavapai Apache Health Clinic)
- **Complete physical examination, labs(A1c), height & weight**
- Submit **completed** application to tribal camp representative
- **Robin Hazelwood, Diabetes Coordinator at 928-567-8469**
- **rhazelwood@yan-medical.org**
- Complete 24-hour dietary recalls and follow-up measures 3 and 6 months after camp (recall forms available at YAHC Diabetes Office)

**PARTICIPANTS ON A FIRST COME FIRST BASIS DUE TO
LIMITED SPACE**

Completed Application **due NO LATER THAN**
May 06,2019 5:00pm



**Honoring Tradition,
Promoting Health**

CAMP DIRECTOR:

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