

Free Parenting Workshop! First Five Years™

Includes materials, gifts for attending, and childcare!

This 4-session series will help you nurture your child with a “just right” combination of freedom and positive discipline.

Participate in First Five Years™ and learn:

- ❖ Your child’s development and growing brain
- ❖ Preventing tantrums and other problems
- ❖ Using mindfulness to keep calm
- ❖ Six ways to prepare your child for school success

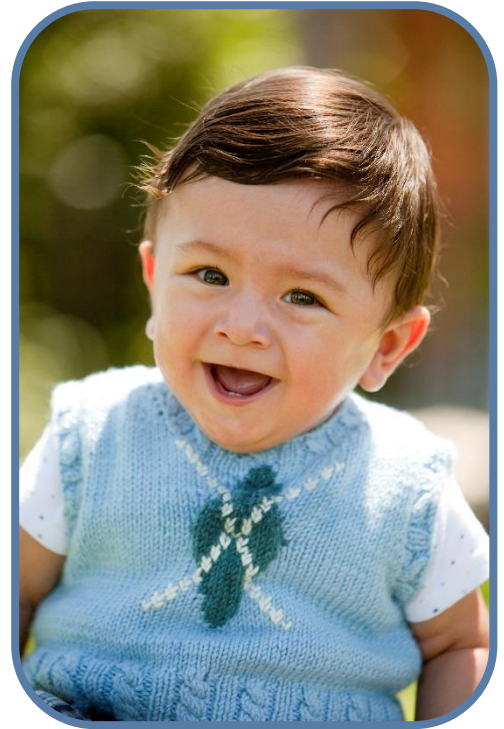
Sign up today!

For parents and caregivers of children birth to age 5

Free & open to the public

Registration required

FREE childcare provided – space is limited!



Yavapai Apache Nation

3435 W. Shaw Ave.
Middle Verde, AZ 86322

A 4-session series

**Tuesdays, May 7th, 14th, 21st & 28th
6:00pm - 7:30pm**

To register, contact:

Ophelia Tewawina

928.649.7158

SUPPORT
PROVIDED
BY



FIRST THINGS FIRST
Ready for School. Set for Life.

We are Arizona's best resource for helping children and families!

For more information, visit us online at www.ArizonasChildren.org