

# VOLUNTEER NEEDED

\*MALE DRIVER TO TRANSPORT MEN TO SWEAT LODGE,  
WHO IS LICENSED AND INSURED WITH THE Y-A NATION,  
CONTACT GLORY @ (928) 274-2546- THANK YOU\*

## MENS SWEAT LODGE

PHOENIX INDIAN MEDICAL CENTER  
EVERY LAST FRIDAY OF THE MONTH

PICK UP: MIDDLE VERDE @ 3 PM  
CAMP VERDE @ 3:15 PM  
TUNLII 3:30 PM

**\*IF PLANNING TO ATTEND DRINK PLENTY OF WATER  
AND LIGHT MEALS THRU THE DAY\*WEAR  
BASKETBALL SHORTS\*BRING TOWEL\*POT LUCK TO  
FOLLOW BRING A DISH TO SHARE\*TIME OF  
HEALING\* RETURN BY MIDNIGHT\***

**MEN SWEAT AT 5:30 PM**

**\*DUE TO THE VOLUNTEER BASIS, MENS SWEAT TRANSPORTATION IS NOT  
GUARANTEED, PLEASE CALL IN ADVANCE TO CHECK STATUS OF  
TRANSPORTATION\***

