



YAVAPAI-APACHE HEALTH CENTER

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Testing Results as of December 11, 2020

COVID-19 POSITIVE TOTAL PER YAN COMMUNITY

	MIDDLE VERDE	TUNLII	CLARKDALE	RIMROCK	CAMP VERDE
POSITIVE	53	35	17	3	4
RECOVERED	41	23	15	3	3
DEATHS	0	2	1	0	0
ACTIVE CASES	12	10	1	0	1

What are the severe symptoms of COVID-19?

According to the Yavapai County Health Department, in some people, COVID-19 causes more severe symptoms like high fever, server cough, and shortness of breath, whic often indicates pneumonia.

What are the long-term effects of contracting COVID-19?

- COVID-19 symptoms can sometimes persist for months. The virus can damage the lungs, heart, and brain which increases the risk of long-term health problems.
- Most people who have coronavirus disease, COVID-19 recover completely within a few weeks. But some people, even those who had mild versions of the disease continue to experience symptoms after their initial recovery. The most common signs and symptoms that linger over time include:
 - Fatigue
 - Shortness of breath
 - Cough
 - Joint pain
 - Chest pain

Many long-term COVID-19 effects still unknown

- Much is still unknown about how COVID-19 will affect people over time. However, researchers recommend that doctors closely monitor people who have had COVID-19 to see how their organs are functioning after recovery
- According to the Mayo Clinic, It's important to remember that most people who have COVID-19 recover quickly. But the potentially long-lasting problems from COVID-19 make it even more important to reduce the spread of the disease by following precautions such as wearing masks, avoiding crowds, and keeping hands clean.